

Block 1: Norwegian Bowl



Block:	Series 1, Block 1 : Norwegian Bowl
Inspiration:	Household object (bowl) produced by Catherine Holm, designed by Norwegian modern designer Grete Prytz Kittelsen.
Design Notes:	Learn more about the designer on Wikipedia: <a href="http://en.wikipedia.org/wiki/Grete_Prytz_Kittelsen">http://en.wikipedia.org/wiki/Grete_Prytz_Kittelsen</a>
Sewing Notes:	<p><u>General:</u></p> <p>Numbers on this pattern <u>do not</u> denote order in which you sew pieces together.</p> <p>They are provided to give you a relative order of which pieces are on top of other pieces.</p> <p>Lower number pieces are on the bottom of higher number pieces. For example, if there is a piece with #5 on it – that piece will be placed on top of #4 (or #3, if that piece is directly behind it).</p>

	<p><u>Block Specific:</u></p> <p>Method:</p> <p>Before you start, print out this PDF, and measure the block diagram included. It will measure 6" when printed at 100% .</p> <p>Backing fabric should be cut larger than the 6.5" finish block initially so it can be cut down to exactly 6.5" once the block is complete and your appliqué can be easily centered.</p> <p>The appliqué pattern is 6.0", but you will extend pieces touching the outside (in this case, these are pieces 1 and 2) such that the block has 1/4" seam allowance.</p> <p>For this block, I used a freezer paper appliqué method. Trace the shapes of the pieces on freezer paper and cut out the paper.</p> <p>Iron the wax side of the freezer paper to the right side of the fabric piece and cut out the fabric just less than 1/4" larger than the paper.</p> <p>Pin the piece down on the block where it goes, and appliqué it down using a simple appliqué stitch.</p> <p>Once all pieces are applied, embellish with embroidery.</p>
<p>Questions:</p>	<p>See contact info at <a href="http://www.quiltotaku.blogspot.com">www.quiltotaku.blogspot.com</a>  quilt.baby@hotmail.com  -Marisa</p>

